We Need Your HELP!

DO YOU KNOW SOMEONE THAT NEEDS OUR HELP?

The Pantry garden is grown organically and most important of all to see and share. Our garden plays a key role in our mission to provide food to those in urgent need.

The garden that is planted on the south side of the building is made up of 24 raised beds and 30 half barrels. Nearly every variety of vegetable and herb grown for food are in these beds and barrels, but there are also flowers and a herb garden and power boxes to complete the garden for this summer. There are also raspberry bushes and blueberry plants. Quite prolific are the tomatoes—cherry tomatoes, yellow tomatoes, and heirloom tomatoes aplenty. The rock melons are just getting to the point of being cut and delivered to the pantry. We are just about ready to start harvesting the lettuces and the endives. The rock melons are grown in the nursery at the Rockford Compost site. We are able to turn the compost into nutrients for the lettuces and endives.

The Pantry garden never goes to waste as everything is harvested into gallon totes. Talk about being dollar-wise! Produce from the garden is used for food boxes, volunteer feed, and for the gardeners. The water is also collected and used for the garden. The garden is watered by rainwater run off that is collected in four 250 gallon totes that are placed at each end of the garden. The garden is watered on alternate days.

Want To Help/Need Help? Call us at 815-965-2466

The Newsletter of the Rock River Valley Pantry  
Northern Illinois’ Largest Community Food Pantry  |  Fall 2016

The Rock River Valley Pantry has its very own Fall Harvest. Under the watchful eye of Barbara Flores, U of I Extension Master Gardener, the Pantry’s garden is over 1.3 Million Pounds of food provided to our neighbors. As a community, we came together to help our neighbors. In addition to the bountiful vegetable harvest, which produced such an abundance of food to feed our hungry clients. In addition to the bountiful vegetable harvest, we carried out our mission of providing food to those in urgent need. Didier Greenhouse supplied the vegetable plants which were distributed through the afternoon Choice program. Didier Greenhouse also provided the vegetable plants for the morning Choice program. Didier Greenhouse is located at 2410 N Western Ave. and can be contacted at 815-637-9686. Didier Greenhouse is located at 2410 N Western Ave. and can be contacted at 815-637-9686.

The Newsletter of the Rock River Valley Pantry  
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We are focused on providing food to those in urgent need. The majority of our clients use our emergency food that is nutritious, balanced, and can help a person, or a family, in an emergency. We are focused on providing food to those in urgent need. The majority of our clients use our emergency food that is nutritious, balanced, and can help a person, or a family, in an emergency.

Happy Thanksgiving to all,

New Record Set!

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RRVP CAN ALWAYS USE:
- Eat Your Vegetables!
- Fruit for Families with Children
- Fruits and Vegetables

- Cosmic Bowl
  - Feb. 11 Park Bowl Valentine's
- Community
  - Nov. 24 Aldeen Park Turkey Trot 5K

- Fruits and Vegetables
  - WALMART STORE, NORTHRIDGE DR.
  - WALMART STORE, E. STATE ST.

- Commodities
  - TJX FOUNDATION
  - Radisson Hotel & Conference Center, and several local grocers

- Donated from Wal-mart and other corporate donations.

- Volunteers: We have accomplished so much thanks to your support.

We have accomplished so much.